

Memorial Hospital at Easton
Surgery Instructions

Surgery Arrangements:

Please call (410) 822-1000 extension 5646 between 2:00pm and 4:00pm the day before your surgery or on the Friday before Monday surgeries to be given the time to report to the Same Day Surgery entrance, located at the back of The Memorial Hospital on Adkins Avenue, Easton, MD.

General Health:

Please let us know if your medical doctor has changed any of your medications within one week of surgery or if any of the following develop:

1. Cold, cough, or sore throat.
2. Flu like symptoms.

You should not be taking any aspirin or similar medications (such as Advil, Ibuprofen, Nuprin, Alka-Seltzer), arthritis medications or blood thinners within one week of your procedure, unless approval is given by your doctor. Any other medication may be taken on your usual schedule.

If you are scheduled for an **abdominal procedure (for example: a Laparoscopy or Abdominal Hysterectomy)**, you will need to perform the following **bowel prep**:

Instructions for pre-surgical Magnesium Citrate Bowel Prep:

At 4 pm the night before surgery, drink 8oz of Magnesium Citrate. The Magnesium Citrate will induce diarrhea. To prevent dehydration follow the Magnesium Citrate with three to six 8oz glasses of clear liquids throughout the evening.

Magnesium citrate can be clear or colored, due to the flavoring agents. Magnesium citrate generally comes in lemon or lemon-lime flavor, but can come in cherry, orange and grape as well. It has an extremely sour taste, but chilling it in the refrigerator or pouring it over a glass of ice can help with the unpleasant taste.

You may continue to drink water until midnight, but nothing by mouth after midnight.

Additional Notes:

If your insurance company requires a referral, please make sure we have this in our office one month before your surgery or your surgery will be cancelled.

Due to detail and time spent scheduling your surgery, there will be a \$50.00 fee for rescheduling requests. Thank you for your consideration.

If you have any questions please give us a call at (410) 820-0038.