

Chesapeake Women's Health
In Office Surgery Instructions

Surgery Arrangements:

Please arrive 15 minutes early. You must have someone drive you to and from your procedure. This person will need to remain at our office during your procedure as well.

On the day of your procedure, you may eat lightly.

When you arrive, please check in at the front desk and wait to be called back by the nurse to the pre-operative holding area.

General Health:

Please let us know if your medical doctor has changed any of your medications within one week of your surgery or if any of the following develop:

1. Cold, cough, or sore throat.
2. Flu-like symptoms.

Please let us know if you are allergic or intolerant to any of the following medications:

Fentanyl (Narcotic Pain Reliever)
Ibuprofen (NSAIDS)
Lidocaine (Local Anesthetic)
Vicodin (Narcotic Pain Reliever)
Xanax

We have provided you with several medications for the procedure. If you are not allergic, please take the following medications 30 minutes - 1 hour prior to your scheduled start time:

Ibuprofen 600mg - 1 tab
Xanax 0.5mg - 1 tab
Vicodin 5mg - 1 tab

Please bring the remaining medication with you.

Notes:

If your insurance company requires a referral, please make sure we have this in our office one month before your surgery or your surgery will be cancelled.

Due to detail and time spent scheduling your surgery, there will be a \$50.00 fee for rescheduling requests. Thank you for your consideration.

If you have any questions, please give us a call at (410)820-0038.